

JESSICA M. STEVENS

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SUMMARY OF QUALIFICATIONS

- Social services professional and instructor with experience in crisis intervention, case management, advocacy, life skills training, and adult learning.
- Served diverse client populations including women and children in domestic violence and crisis situations; applied active listening skills, de-escalation techniques, and multicultural competencies to meet clients' individual needs.
- Understanding of empirically supported models of counseling and therapy, including group, substance abuse, couples, marriage and family, and career counseling. Apply psychological theory, research, and practice to social change.
- Demonstrated proficiency in applying basic and advanced counseling skills; applying ethical codes; understanding psychological tests and measurement; and developing constructive and professional relationships with clients, supervisors, instructors, and colleagues.
- Support social impact initiatives through community volunteering and active engagement in National Alliance on Mental Illness (NAMI).

EDUCATION

M.S. in Clinical Psychology - General Walden University Minneapolis, MN	Expected: 2025
GPA: 4.0	
B.S. in Psychology University of Georgia Athens, GA	May 2016
GPA: 3.61	

SELECT GRADUATE COURSEWORK

Foundation of Graduate Studies in Psychology
Psychopathology from a Clinical Perspective
Lifespan Development
Ethics and Standards of Professional Practice
Interventions I and II
Research Theory, Design, and Methods
Psychological Assessment
Culture and Psychology
Group Process and Dynamics

PROFESSIONAL EXPERIENCE

Case Manager Family and Children Center Athens, GA	2016 - Present
<ul style="list-style-type: none">• Conduct daily life skills workshops and provide skills-based services for individuals and families using interpersonal skills, clinical judgement, and active listening.• Create and submit progress notes, and ensure compliance with local, state, and federal agencies and regulations.• Guide clients in defining personal, social, educational, and vocational goals and implementing action plans. Apply behavioral intervention techniques to handle escalated crisis situations.	

TEACHING EXPERIENCE

Part-time Psychology Instructor Georgia Technical College Athens, GA	2016 - Present
<ul style="list-style-type: none">• Teach an Introduction to Psychology course to 20-30 diverse college students.	

- Evaluate student progress and competency attainment, facilitate classroom discussions, and adapt delivery methods to students' individual learning styles.
- Deliver face-to-face and online instruction, use active learning strategies to motivate students, and provide timely feedback through written and oral communications.

VOLUNTEER EXPERIENCE

Hotline Advocate

Women's Resource Center to End Domestic Violence | Clarke County, GA

2016 - Present

- Serve on a 24-hour domestic violence crisis hotline; create safety action plans, refer to community and center resources, and apply active listening skills to support callers through crisis situations.
- Completed 24 hours of domestic violence prevention training.

Safe House Volunteer

Women's Resource Center to End Domestic Violence | Clarke County, GA

2015 - 2016

- Supported group facilitator with delivering weekly life skills courses to groups of 5-10 women and supervising peer advocacy groups. Organized activities for children ages 2-12, to promote learning and create a safe environment

Outreach Liaison Volunteer

Habitat for Humanity | Athens, GA

2012 - 2016

- Under supervision, assisted potential homebuyers in the application process, determined Atlanta Habitat program eligibility, and answered questions regarding program qualifications.
- Invited potential homebuyers to attend upcoming information sessions and entered homebuyers' information into the Salesforce database.

AFFILIATIONS

Member

American Psychological Association

Aug 2017 - Present

Member

National Alliance on Mental Illness (NAMI)

2016 - Present

Member

Psi Chi Honor Society

Sep 2017