

# JESSICA M. STEVENS

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## SUMMARY OF QUALIFICATIONS

- Social services professional and instructor with experience in crisis intervention, case management, advocacy, life skills training, and adult learning.
- Served diverse client populations including women and children in domestic violence and crisis situations; applied active listening skills, de-escalation techniques, and multicultural competencies to meet clients' individual needs.
- Understanding of empirically supported models of counseling and therapy, including group, substance abuse, couples, marriage and family, and career counseling. Apply psychological theory, research, and practice to social change.
- Demonstrated proficiency in applying basic and advanced counseling skills; applying ethical codes; understanding psychological tests and measurement; and developing constructive and professional relationships with clients, supervisors, instructors, and colleagues.
- Support social impact initiatives through community volunteering and active engagement in National Alliance on Mental Illness (NAMI).

## EDUCATION

**M.S. in Clinical Psychology - General**  
Walden University | Minneapolis, MN

Expected: 2025

GPA: 4.0

**B.S. in Psychology**  
University of Georgia | Athens, GA

May 2016

GPA: 3.61

## SELECT GRADUATE COURSEWORK

Foundation of Graduate Studies in Psychology  
Psychopathology from a Clinical Perspective  
Lifespan Development  
Ethics and Standards of Professional Practice  
Interventions I and II  
Research Theory, Design, and Methods  
Psychological Assessment  
Culture and Psychology  
Group Process and Dynamics

## PROFESSIONAL EXPERIENCE

**Case Manager**  
Family and Children Center | Athens, GA

2016 - Present

- Conduct daily life skills workshops and provide skills-based services for individuals and families using interpersonal skills, clinical judgement, and active listening.
- Create and submit progress notes, and ensure compliance with local, state, and federal agencies and regulations.
- Guide clients in defining personal, social, educational, and vocational goals and implementing action plans. Apply behavioral intervention techniques to handle escalated crisis situations.

## TEACHING EXPERIENCE

**Part-time Psychology Instructor**  
Georgia Technical College | Athens, GA

2016 - Present

- Teach an Introduction to Psychology course to 20-30 diverse college students.

- Evaluate student progress and competency attainment, facilitate classroom discussions, and adapt delivery methods to students' individual learning styles.
- Deliver face-to-face and online instruction, use active learning strategies to motivate students, and provide timely feedback through written and oral communications.

## VOLUNTEER EXPERIENCE

### Hotline Advocate

Women's Resource Center to End Domestic Violence | Clarke County, GA

2016 - Present

- Serve on a 24-hour domestic violence crisis hotline; create safety action plans, refer to community and center resources, and apply active listening skills to support callers through crisis situations.
- Completed 24 hours of domestic violence prevention training.

### Safe House Volunteer

Women's Resource Center to End Domestic Violence | Clarke County, GA

2015 - 2016

- Supported group facilitator with delivering weekly life skills courses to groups of 5-10 women and supervising peer advocacy groups. Organized activities for children ages 2-12, to promote learning and create a safe environment

### Outreach Liaison Volunteer

Habitat for Humanity | Athens, GA

2012 - 2016

- Under supervision, assisted potential homebuyers in the application process, determined Atlanta Habitat program eligibility, and answered questions regarding program qualifications.
- Invited potential homebuyers to attend upcoming information sessions and entered homebuyers' information into the Salesforce database.

## AFFILIATIONS

### Member

American Psychological Association

Aug 2017 - Present

### Member

National Alliance on Mental Illness (NAMI)

2016 - Present

### Member

Psi Chi Honor Society

Sep 2017