

BRIDGET JOHNSON

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S U M M A R Y O F Q U A L I F I C A T I O N S

- 4+ years of experience working with individuals in a medical environment
- Ability to plan, implement, and monitor activities for mentally ill patients
- Solid understanding of patient behaviors and responding to their needs
- Skilled in facilitating group sessions which engage all learning styles
- Collaborative team member in and proactive problem solver

E D U C A T I O N

MASTER OF SCIENCE IN PSYCHOLOGY, GPA: 3.78

Walden University | Minneapolis, MN | Sep 2019

BACHELOR OF SCIENCE IN CRIMINAL JUSTICE, GPA: 3.61

University of Central Florida | Orlando, FL | May 2000

R E S E A R C H E X P E R I E N C E

RESEARCH ASSISTANT

Veteran Affairs Medical Center | Orlando, FL | Jun 2018 - Present

- Participated in a research study that explored Traumatic Brain Injury symptoms among veterans
- Assisted with biofeedback and monitored patients' brain activity

P R O F E S S I O N A L E X P E R I E N C E

MENTAL HEALTH WORKER

Susan Marie Home | Orlando, FL | Oct 2015 - Jun 2020

- Monitored 16 mentally ill and chemically dependent adults, co-facilitated group sessions, logged daily progress, and handled behavioral escalations
- Served as Activities Coordinator for facility, organizing daily outings to cultural events, sports activities, and support meetings (AA), and managed the activities budget
- Obtained medical certification; administered medications and insulin, ensuring accurate counts and records for all residents
- Contributed to weekly meetings with mental health workers, counselors, and program director, providing progress updates

SUPPORTS COORDINATOR

Public Health Management Corporation | Orlando, FL | Jul 2007 - Sep 2015

- Generated a yearly Individual Support Plan for average of 40 individuals a year, in which goals are created with tangible milestones within specific timelines
- Documented all activity and contact hours within an online Medicaid database for record-keeping and billing purposes
- Coordinated system specific required paperwork and documentation such as written consents and permissions, and procedural safeguards as required
- Assisted individuals in applying for and successfully obtaining funding needed for services, located appropriate resources and developed and oversaw budgets
- Coordinated and ran meetings at community sites with individuals, families, advocates and provider agencies to address needs and issues

V O L U N T E E R E X P E R I E N C E

YMCA of Central Florida, Orlando, FL | Dec 2019 - Present

- Assisted special needs individuals in various activities to help individuals participate in community activities

Domestic Violence Advocate, Orlando, FL | Aug 2017

- Completed 16 hours of domestic violence training and obtained domestic violence certification. Served as an on-call domestic violence advocate on college campus

Courage Place, Orlando, FL | Jan 2018 - Jul 2018

- Facilitated daily activities with Traumatic Brain Injury patients; assisted with meals and interactive activities

Orlando County Medical Center, Orlando, FL | Sep 2016 - May 2017

- Facilitated activities with elderly and mentally ill patients. Engaged in active listening and provided emotional support
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PROFESSIONAL ORGANIZATIONS

MEMBER

American Psychology Association | Sep 2018 - Present

- Leadership Institute for Women in Psychology, Attendee August 2018