

Sharon Teresa Lark, BSN, RN

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SUMMARY OF QUALIFICATIONS

- Master of Nursing (MSN) candidate with specialization as an adult geriatric nurse practitioner.
- Highly skilled cardiac care nurse with six years of clinical experience.
- Self-motivated to acquire and master new clinical skills as an adult geriatric nurse practitioner.

EDUCATION

MASTER OF SCIENCE IN NURSING, GPA 3.90

Walden University | Minneapolis, MN | Expected: Dec 2025

CCNE-Accredited

BACHELOR OF SCIENCE IN NURSING

Walden University | Minneapolis, MN | 2010

ASSOCIATE DEGREE – NURSING, GPA 3.80

Tidewater Community College | Portsmouth, VA | 2002

LICENSES AND CERTIFICATIONS

Registered Nurse, Commonwealth of Virginia, compact license

Basic Cardiac Life Support (BCLS), American Heart Association

Advanced Cardiac Life Support (ACLS), American Heart Association

American Association of Critical Care Nurses (AACN) certification

NURSING EXPERIENCE

CLINICAL MANAGER

Health West | Norfolk, VA | 2016 - Present

- Administer a 15-bed cardiac step down unit. Responsibilities include budget, staff recruitment and retention, and staff development.
- Trained 20 unit staff and ensured compliance with safety initiatives, resulting in reduced length of stay and the lowest fall rate in the facility.
- Serve on the facility safety committee representing unit.
- Empower assistant managers and experienced staff to take on leadership roles in the unit.

CASE MANAGER

Genesis Healthcare | Norfolk, VA | 2012 - 2016

- Collaborated with members of the health care team to assess patient readiness for discharge.
- Located and secured placements for patients needing rehabilitation and long-term care after discharge; encouraged patients and families to participate in decision making and offered emotional support.

- Facilitated weekly unit discharge rounds ensuring the entire team was informed and participated in the plan of care in anticipation of discharge.

STAFF NURSE

Norfolk Health Center | Norfolk, VA | 2006 - 2012

- Acquired and demonstrated the clinical skills to provide high quality care to patients in a cardiac ICU.
- Demonstrated initiative and a commitment to quality patient care by independently completing an advanced EKG interpretation class and an advanced cardiac assessment course.
- Identified potential patient safety issues and assisted in developing initiatives that increased safety.

STAFF NURSE

Genesis Healthcare | Norfolk, VA | 2002 - 2006

- Provided high quality patient care on a general medical surgical floor.
- Served on the unit patient safety committee to help identify patient safety issues and worked collaboratively with other unit staff to identify possible solutions.
- Mentored registered nursing students from a local community college during their clinical experiences.

AFFILIATIONS

National Association of Professional Women | 2011 - Present

American Association of Critical Care Nurses | 2008 - Present

American Nurses Association | 2007 - Present

Sigma Theta Tau International | 2004 - Present

National Student Nurses Association | 2000 - 2004

CONFERENCE PRESENTATION

Co-presenter, *Professional Women in Healthcare: Future Challenges and Trends*, National Association of Professional Women, 2013

COMMUNITY INVOLVEMENT

MEMBER

Norfolk Mayor's Change Panel | 2012 - Present

VOLUNTEER

Red Cross | 2010 - Present