

LATRICE J. HERMANN, MS

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SUMMARY OF QUALIFICATIONS

- Master of Science in Clinical Mental Health Counseling graduate with an academic concentration in Trauma and Crisis seeking post-graduate training.
- Dedicated and engaged professional, volunteer, and community member with broad experience helping diverse clients improve their quality of life.
- Worked with domestic violence victims, homeless populations, and clients seeking financial advice; applied crisis intervention techniques, engaged in active listening, and led finance and life skills workshops.
- Applied active listening skills to identify clients' needs and strengthened working relationships with business partners and clients through written and verbal communications.
- Understanding of notes structures, computer-based clinical documentation, administration, interpretation of counseling assessments, diagnosis and assessment using the DSM-5, basic and advanced counseling skills, group facilitation skills, counseling theories, and multicultural competencies.
- Specialized knowledge of life, disability, and health insurance policies.
- Proven record of attaining set goals and collaborating with community members, professionals, and volunteers to achieve results.

EDUCATION

Master of Science in Clinical Mental Health Counseling

Walden University | Minneapolis, MN

Feb 2026

Specialization: Trauma and Crisis

CACREP Accredited

GPA: 3.80

Bachelor of Science in Criminal Justice

University of Central Florida | Orlando, FL

May 2008

GPA: 3.71

CERTIFICATION

Certified Substance Abuse Counselor - #11111

Virginia State Board of Counseling

Dec 2018 - Dec 2021

PROFESSIONAL AND FIELD EXPERIENCE

Field Experience Intern

Johnson and Peterson Counseling, LLC | St. Petersburg, FL

Jun 2025 - Jan 2026

- Provided individual and group counseling for clients with a dual diagnosis (Substance Use Disorder and other DSM-5 disorders or psychosocial stressors)
- Administered intake assessments and completed clinical documentation (case notes, treatment plans and summary of treatment)
- Participated in Counseling Awareness Month activities in the County Boys and Girls Club to bring awareness of mental health to community members.

Life Insurance Agent

State Farm Insurance | St. Petersburg, FL

2012 - 2022

- Provided life, health, and disability insurance to 300+ clients through referrals and phone solicitations.
- Established trusting relationships that grew business from 100% cold calls to 20% cold calls/80% referrals.
- Applied active listening skills to understand clients' needs and recommended policies that met clients' long-term financial goals.
- Organized and delivered 13 financial health workshops to prospective clients in the community, building a solid professional reputation and generating leads.

VOLUNTEER EXPERIENCE

Domestic Violence Advocate

Community Action Stops Abuse | St. Petersburg, FL

2013 - Present

- Serve on a 24-hour domestic violence crisis hotline; direct callers to emergency childcare, mental health, and community resources.
- Completed 24 hours of domestic violence prevention training through Florida Coalition Against Domestic Violence (FCADV).
- Apply intervention techniques to de-escalate crisis situations and create individualized stabilization plans.
- Co-taught a life skills course to eight women in domestic violence situations, educating on self-esteem and self-care topics.

Volunteer (seasonal)

Salvation Army | St. Petersburg, FL

2009 - Present

- Prepared and served meals to 100+ homeless men, women, and children, providing nourishment, support, and comfort during the holiday season.
- Sorted and packaged food donations; communicated with the volunteer coordinator, volunteers, and kitchen staff to distribute food items to visitors in a timely manner.

AFFILIATION

Member

American Counseling Association

Sep 2023 - Present

- Mentorship Program, Mentee (2020-2022)
- Institute for Leadership, Volunteer and Attendee (2013)

PUBLICATION

Hermann, C. (2015). "Borderline personality disorder among adolescents: theory and practice." *Journal of Counseling and Development*, 13, 12-25.

PRESENTATION

Hermann, C. (2014). *Understanding borderline personality disorder*. A workshop presented at the National Alliance on Mental Illness annual conference. April 2014.

AWARD

Graduate Student of the Year Award

Florida Counseling Association

2019