

JONATHAN SELDMAN, CHES

Address:

-- 123 Main Street, Denton, TX 76205

Phone:

-- 321.123.3698

Email:

-- jseldman@waldenu.edu

SUMMARY OF QUALIFICATIONS

- Master of Public Health candidate seeking a practicum.
 - Dedicated and engaged professional, volunteer, and community member with experience working with West Nile Virus and HIV prevention.
 - Delivered weekly workshops to 10-30 at-risk youth on STDs, anger management, and personal hygiene.
 - Proven record of collaborating with community agencies, health professionals, and volunteers to reduce the risk of infectious diseases.
-

EDUCATION

Master of Public Health, GPA: 3.85

Walden University | Minneapolis, MN

Expected: Dec 2024

CEPH Accredited

Bachelor of Science in Psychology, GPA: 3.50

University of Central Florida | Orlando, FL

May 2017

CERTIFICATION

Certified Health Education Specialist (CHES) - Active

National Commission for Health Education Credentialing, Whitehall, PA

GRADUATE COURSEWORK

- Perspectives on Health and the Developing Professional
 - Socio-Ecological Perspectives of Health
 - Public Health Policy, Politics, and Programs
 - SPSS Revealed
 - Global Perspectives on Health
-

VOLUNTEER EXPERIENCE

West Nile Virus Task Force Volunteer

Denton County Health Department | Denton, TX

2018 - Present

- Deliver presentations to groups of 5-40 participants at senior centers, working to reduce the number of West Nile cases among seniors.
- Facilitate discussions, answer questions, and engage the audience through interactive activities, building disease awareness.
- Collaborate with county health department staff and public health educators to schedule workshops and ensure that educational resources are up to date.
- Collect and compile follow-up surveys from workshop participants; received average satisfaction ratings of 3.8/4.0.

Outreach Worker

Caring Hands | Austin, TX

2017 - 2018

- Provided community outreach to youth and adults at risk for HIV, Hepatitis C, and other transmittable diseases.
- Educated 1,200+ homeless individuals on safety, disease prevention, and community resources that led to a reduction in at-risk behaviors.
- Strengthened partnerships with the Salvation Army and other community agencies to expand health education efforts through collaborative workshops and resource sharing.
- Compiled Excel reports on community initiatives and delivered presentations to program directors; data indicated a 20% increase in outreach efforts over the previous year.

PROFESSIONAL EXPERIENCE

Fitness Trainer

Self-Employed | Austin, TX

2010 - 2018

- Created and implemented a fitness program that helped 53 adults lose weight and develop healthy eating habits.
- Applied motivational techniques to build endurance and reduce body fat, promoting daily exercise as a lifestyle choice.
- Established trusting client relationships which led to a 70% increase in referrals.
- Attended over 30 professional development events on health-related topics such as nutrition, self-esteem, and meditation.

MEMBERSHIPS & AFFILIATIONS

Member

American Public Health Association

2018 - Present

- Conference Volunteer, APHA Student Assembly Member, Mentee