

# JONATHAN SELDMAN, CHES

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|  <b>Address:</b> |  <b>Phone:</b> |  <b>Email:</b> |
| -- 123 Main Street, Denton, TX 76205  | -- 321.123.3698   | -- jseldman@waldenu.edu   |

## SUMMARY OF QUALIFICATIONS

- Master of Public Health candidate seeking a practicum.
- Dedicated and engaged professional, volunteer, and community member with experience working with West Nile Virus and HIV prevention.
- Delivered weekly workshops to 10-30 at-risk youth on STDs, anger management, and personal hygiene.
- Proven record of collaborating with community agencies, health professionals, and volunteers to reduce the risk of infectious diseases.

## EDUCATION

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| <b>Master of Public Health, GPA: 3.85</b><br>Walden University   Minneapolis, MN                   | Expected: Dec 2024 |
| CEPH Accredited  |                    |
| <b>Bachelor of Science in Psychology, GPA: 3.50</b><br>University of Central Florida   Orlando, FL | May 2017           |

## CERTIFICATION

Certified Health Education Specialist (CHES) - Active  
National Commission for Health Education Credentialing, Whitehall, PA

## GRADUATE COURSEWORK

- Perspectives on Health and the Developing Professional
- Socio-Ecological Perspectives of Health
- Public Health Policy, Politics, and Programs
- SPSS Revealed
- Global Perspectives on Health

## VOLUNTEER EXPERIENCE

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|---|----------------|
| <b>West Nile Virus Task Force Volunteer</b><br>Denton County Health Department   Denton, TX   | 2018 - Present |
| <ul style="list-style-type: none"><li>• Deliver presentations to groups of 5-40 participants at senior centers, working to reduce the number of West Nile cases among seniors.</li><li>• Facilitate discussions, answer questions, and engage the audience through interactive activities, building disease awareness.</li><li>• Collaborate with county health department staff and public health educators to schedule workshops and ensure that educational resources are up to date.</li><li>• Collect and compile follow-up surveys from workshop participants; received average satisfaction ratings of 3.8/4.0.</li></ul>  |                |
| <b>Outreach Worker</b><br>Caring Hands   Austin, TX   | 2017 - 2018    |
| <ul style="list-style-type: none"><li>• Provided community outreach to youth and adults at risk for HIV, Hepatitis C, and other transmittable diseases.</li><li>• Educated 1,200+ homeless individuals on safety, disease prevention, and community resources that led to a reduction in at-risk behaviors.</li><li>• Strengthened partnerships with the Salvation Army and other community agencies to expand health education efforts through collaborative workshops and resource sharing.</li><li>• Compiled Excel reports on community initiatives and delivered presentations to program directors; data indicated a 20% increase in outreach efforts over the previous year.</li></ul> |                |

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## PROFESSIONAL EXPERIENCE

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**Fitness Trainer**  
Self-Employed | Austin, TX

2010 - 2018

- Created and implemented a fitness program that helped 53 adults lose weight and develop healthy eating habits.
- Applied motivational techniques to build endurance and reduce body fat, promoting daily exercise as a lifestyle choice.
- Established trusting client relationships which led to a 70% increase in referrals.
- Attended over 30 professional development events on health-related topics such as nutrition, self-esteem, and meditation.

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## MEMBERSHIPS & AFFILIATIONS

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**Member**  
American Public Health Association

2018 - Present

- Conference Volunteer, APHA Student Assembly Member, Mentee